An Important Update from the
Infection Prevention Team

Coronavirus (COVID-19) as of 10/11/22

BAYADA Client Education Tool

At BAYADA, we believe our clients come first. Our mission is, and always has been, to help people have a safe home life with comfort, independence, and dignity.

We understand you, our clients, may have questions about what BAYADA is doing to keep you safe. Please review the frequently asked questions and answers below to learn more about COVID-19 and what we're doing to ensure your safety.

What is COVID-19?

- Coronavirus disease (COVID-19) is an infectious disease caused by the SARS-CoV-2 virus easily spread from person to person in the air. Most people infected with the virus will experience mild to moderate respiratory illness and recover without requiring special treatment, but some people will become seriously ill and require medical attention. Older people and those with underlying medical conditions like cardiovascular disease, diabetes, chronic respiratory disease, or cancer are more likely to develop serious illness and hospitalization.

What precautions should I take to avoid getting sick?

- Wash your hands often with soap and water for at least 20 seconds.
- Cover your cough or sneeze with a tissue.
- Don't touch your eyes, noses, or mouth, especially with unwashed hands.
- Avoid close contact with individuals who are showing symptoms of illness.
- Clean and disinfect high-touch surfaces often.
- Stay home if you are sick.
- Wear a mask when running errands or venturing out into the community. Consider wearing a mask when there are guests in your home (if your physician determines it is safe to do so).
- Talk to your doctor about receiving the COVID -19 vaccination and annual Influenza vaccination.

What is BAYADA doing to keep me safe?

- BAYADA's Infection Prevention Program provides the highest standards of infection prevention practices as recommended by the Centers for Disease Control (CDC).
- We consistently educate our clinical staff and provide oversight to ensure that they are following all the recommended standards.
- Our employees are educated **not to come to work if they are sick**. Employees wear surgical masks and eye protection (goggles or face shields) based on CDC community transmission rates when caring for clients and increase the level of personal protective equipment when required in accordance with BAYADA protocol.
- BAYADA employees are provided with education and support to recognize signs and symptoms of COVID-19, persons at risk, and measures to take when caring for clients with or exposed to COVID-19.
- Employees are also self-screening for symptoms prior to the start of any client visit or shift.
- BAYADA educates employees on CDC travel-related guidelines and follows all state-specific travel advisories.

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- We are encouraging clients to notify their BAYADA office if they or someone they have had contact with have developed symptoms, recently traveled, or had exposure to someone with COVID-19.

- BAYADA has established processes to facilitate communication and to provide updates to all of our offices and employees nationwide as the situation continues to evolve, to keep you and your BAYADA caregivers safe.

What are the symptoms of COVID-19?
There are a wide range of symptoms of COVID-19 reported, ranging from mild symptoms to severe illness:

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- Sore throat
- New loss of taste or smell
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

How is COVID-19 spread?
- The virus is spread mainly from person-to-person:
  - Between people who are in close contact with one another (within about six feet)
  - From respiratory droplets produced when an infected individual coughs or sneezes

How soon after exposure to COVID-19 do signs and symptoms occur?
- Symptoms occur anywhere from 2 to 14 days after exposure to the virus.

Where can I go for more information on COVID-19?
- Please reach out to your BAYADA office with any questions.
- For real-time updates on COVID-19, please visit www.cdc.gov.

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